



Conscious Parenting

Transforming Ourselves, Empowering our children

Inspired by and Dedicated to The Mother



Founders' Message

Children are Divine Beings - born as pure essence like our creator! Human babies come in with a completely open heart, vulnerable, innocent and surrendered. They are joyous, very connected to their feeling realm, spontaneous, in the present moment and truly creative and multi-dimensional. Children are all-embracing of the various moments that life brings to us and are naturally expressive of everything that they go through. No wonder we love babies - their divine self and authenticity captures our hearts!

Children are naturally abundant and full of infinite possibilities - very capable of finding enormous creativity in everything they do; unless there is too much adult interference, which tends to shut down these inborn capabilities.

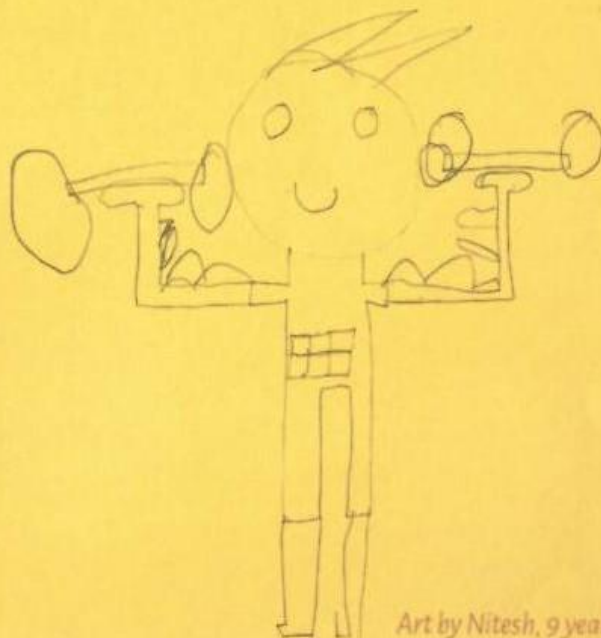
Children are very naturally already connected to the spiritual realm. They are WHOLE - physical, emotional, mental and spiritual beings. They feel life around them - the more sensitive ones truly feel oneness to life around them. They often can feel what others feel and try to care for others including adults in their lives naturally.

With such open hearts, they are very naturally prone to picking up lessons from their surroundings. They are sensitive to energies and impressions around them. They learn from pleasant as well as unpleasant behaviours, traits, habits and beliefs. The role of adult caregivers is of utmost importance in a young child's growing years. Children learn from both implicit and explicit behaviours they witness at homes and in schools. Proper GROWTH and WISDOM develops in LOVING and SAFE Surroundings!

We need to raise children CONSCIOUSLY, keeping the above in mind. When this realisation is bolstered by the Mother's guidance that we should learn to master OURSELVES to be role models for our children, it opens the doors to a truly wonderful journey of personal transformation and rich relationships with our children. This has two aspects -

- Conscious Parenting where we learn self-transformation and parenting from a higher consciousness.
- Soul-based holistic education where children are acknowledged as life's longing for itself and empowered to follow their soul journey and choices.

Both these aspects of child development play important roles in the child's growing years. We have a truly wonderful opportunity to empower our parenting and teaching to become a deep Sadhana.



Art by Nitesh, 9 years old